

Dear Rosie

Welcome to the first edition of the Raptor's Roar and our Dear Rosie column. This column is meant to help Rosa students navigate every day school and life issues. Have a problem you need some help with? Go online to the Raptor's Roar website and submit it to Dear Rosie. Your Rosa peers will help you with advice using their own experiences.

Dear Rosie,

I have been trying to balance out all of my clubs and sports, but I don't know what to do. Do you have any advice?

**Signed,
Troube Juggling**

Dear Trouble Juggling,

After having conferred with several Rosa students involved in multiple sports and activities, I have compiled this list of ideas to help you with your struggle:

1. Keep a detailed homework planner. Along with all the items you put in there for class, be sure to write down which days you have which activities so you will be able to decide how you are going to tackle the day.

2. If you can't do everything you want because it takes place on the same days, perhaps alternating between the activities might work. Or, decide which of them is more important to you and go to that one more often, attending the other activity maybe once a month (of course, if this plan is okay with your club advisor/coach).

3. Make a schedule and hang it in your room so you can check it every day. Just knowing what's coming up really helps you organize your thoughts.

4. Be sure to listen to the announcements, sign up for texting (if your activity offers the option), and check in with your coach or club advisor every once in a while.

5. Try to get some homework done before your activity, if possible. If you have some free time in class, as long as your teacher is okay with it, or lunch, pull out some homework and get it done before the after school craziness starts.

6. No matter what, don't give up. If after trying all of these suggestions it's still too difficult, it's okay to stick with just ONE activity. Sometimes we need to know our limits. It's better to really enjoy one activity or focus on one sport than to hate doing it all just because you're stressed over juggling too much.

Hope you find this helpful.

Rosie

Mark your calendars!



**Rosa International M.S.
Gymnasium
April 13 @ 7:30 p.m.
April 14 @ 1:00 & 7:30 p.m.**

The Rosa Drama Club Presents *Annie*

With the beginning of the new year already in full swing, sports, clubs and extra-curricular activities are, too. This includes the Rosa drama club. Under the direction of a new leader, Mrs. Jodi Raditz, the drama club will be presenting one of the most beloved musicals of all time, *Annie*:

With equal measures of pluck and positivity, little orphan Annie charms everyone's hearts despite a next-to-nothing start in 1930s New York City. She is determined to find the parents who abandoned her years ago on the doorstep of a New York City Orphanage that is run by the cruel, embittered Miss Hannigan. With the help of the other girls in the Orphanage, Annie escapes to the wondrous world of NYC. In adventure after fun-filled adventure, Annie foils Miss Hannigan's evil machinations... and even befriends President Franklin Delano Roosevelt! She finds a new home and family in billionaire, Oliver Warbucks, his personal secretary, Grace Farrell, and a lovable mutt named Sandy.

Auditions have begun and work is under way. For more information, go to the Rosa Drama page on the music program website: www.rosamusicprogram.com



Excited students attend the first meeting of the Rosa Drama Club!

Photo credit: Arsha Garg